

# **NAYC Alumni Mentorship Program Information**

## *Applications Due September 15*

### **What is the time commitment?**

- Mentorships will run from October 2021 through July 2022 (NAYI)
- Time commitment will be 2-5 hours a month.
- Signing up for the program puts you into the pool of potential mentors for NAYC members. It does not guarantee that you will be given a mentee this year. It all depends on NAYC member and alumni interest.
- You need to commit to the program for one year, then you will have the option to continue participating next fall.
- An initial meeting will take place in early October to kick off the year. We will look at dates and locations once NAYC members are announced.

### **What we expect of you:**

- Reach out to your mentee monthly to set up a virtual or in-person meeting that will last about an hour or so. We encourage you to meet in person at least a few times, but there is no requirement.
  - We understand that some NAYC alumni are not in Nebraska, so in-person meetings may not be possible.
- Challenge your mentee to grow personally and professionally.
- We encourage you to text/chat with your mentee more often if it works into your schedules.
- If you aren't matched with a mentee this year, consider reaching out to current NAYC members to see if they need anything.

### **What will you and your mentee be doing?**

- It is up to you! We will provide you with ideas and information throughout the year, but ultimately it will come down to what the mentee wants to get out of the program. Some will want assistance navigating college, while some will want to know more about figuring out their careers after they graduate. Sharing your experience will be super valuable.
- We encourage you to find some fun activities to do in addition to chatting about life. Go out for coffee or ice cream or go golfing/bowling. The mentor/mentee relationship will be truly what you make of it, and we encourage you to find ways to enjoy it and find value in it.
- To reflect on the mentorship and give us important feedback, we ask you to do one of two things.
  - Option 1: After each visit, we ask that you share your experience with us. By recording a voice memo on your phone (we can show you how to do that), we encourage you to reflect on your meeting and to share what was impactful and when you plan to connect again. These recordings do not have to be long, maybe a minute or two, just to give you a chance to recollect what happened. More information will be shared on this piece as we dive into the program.
  - Option 2: You can submit a short reflection mid-year and at the end of the year to discuss feedback and how everything went. We're flexible. You can choose an audio or written format. Whatever works best for you.
  - We are asking both the NAYC member and the alumni member to do this, so we can receive feedback on both sides of the relationship.

We are in the initial planning phase of this program and realize we may have left out some details. If you have any questions or comments, please don't hesitate to reach out to Courtney at [cknelson1188@gmail.com](mailto:cknelson1188@gmail.com) or via text/call at 402-948-0020.

We appreciate you taking the time to consider this opportunity!

The application to join the program as a mentor can be found on our website [nda.nebraska.gov/naycalumni](http://nda.nebraska.gov/naycalumni)

Applications are due Wednesday, September 15.